








# LUNCH MENU

## NORTH CATHOLIC HIGH SCHOOL

1/30-2/6

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Bacon cheeseburger Fries Vegetable	Chicken or Steak Salad Vegetable	Spaghetti Meatballs Vegetable	Buffalo Chicken Fries Vegetable	Italian Wrap Fries Vegetable
	Chicken Sandwich Cheeseburger Spicy Chicken	Chicken Sandwich Cheeseburger Spicy Chicken	Chicken Sandwich Cheeseburger Spicy Chicken	Chicken Sandwich Cheeseburger Spicy Chicken	Chicken Sandwich Cheeseburger Spicy Chicken
	Cheese Pepperoni Specialty Pizza	Cheese Pepperoni Specialty Pizza	Cheese Pepperoni Specialty Pizza	Cheese Pepperoni Specialty Pizza	Cheese Pepperoni Specialty Pizza
	Turkey Sandwich Chicken Caesar Wrap	Ham Sandwich Buffalo Chicken Wrap	Turkey Sandwich Chicken Caesar Wrap	Ham Sandwich Buffalo Chicken Wrap	Turkey Sandwich Buffalo Chicken Wrap
	Grab-n-Go Salad Large Tossed salad Fruit Salad	Grab-n-Go Salad Chef Salad Fruit Salad	Grab-n-Go Salad Tossed Salad Fruit Salad	Grab-n-Go Salad Chef Salad Fruit Salad	Grab-n-Go Salad Chef Salad Fruit Salad

Menu Subject To Change

**Whole Fresh Fruit & Freshly Baked Cookies Offered Daily**



**Nutritional Targets:** Calories: 846 Iron: 4.50 Mg Calcium: 400 Mg Vitamin A: 1500 IU  
 Vitamin C: 19.18 Mg Protein: 16.7 G Total Fat Less Than 30%  
 Saturated Fat Less Than 10%

