



# LUNCH MENU

## NORTH CATHOLIC HIGH SCHOOL

2/6-2/10



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ENTREE</b>	Meatball Hoagie Fries Vegetables	Chicken Parmesan Fries Vegetable	Chicken Or Steak Wrap Vegetable	Hot Roast beef Mashed Potato Vegetable	Chicken & Sausage Jambalaya Vegetable
<b>GRILL</b>	Chicken Sandwich Cheeseburger Spicy Chicken	Chicken Sandwich Cheeseburger Spicy Chicken	Chicken Sandwich Cheeseburger Spicy Chicken	Chicken Sandwich Cheeseburger Spicy Chicken	Chicken Sandwich Cheeseburger Spicy Chicken
<b>PIZZA</b>	Cheese Pepperoni Specialty Pizza	Cheese Pepperoni Specialty Pizza	Cheese Pepperoni Specialty Pizza	Cheese Pepperoni Specialty Pizza	Cheese Pepperoni Specialty Pizza
<b>DELI</b>	Turkey Sandwich Chicken Caesar Wrap	Ham Sandwich Buffalo Chicken Wrap	Turkey Sandwich Chicken Caesar Wrap	Ham Sandwich Buffalo Chicken Wrap	Turkey Sandwich Buffalo Chicken Wrap
<b>SIDES</b>	Grab-n-Go Salad Large Tossed salad Fruit Salad	Grab-n-Go Salad Chef Salad Fruit Salad	Grab-n-Go Salad Tossed Salad Fruit Salad	Grab-n-Go Salad Chef Salad Fruit Salad	Grab-n-Go Salad Chef Salad Fruit Salad

Menu Subject To Change

**Whole Fresh Fruit & Freshly Baked Cookies Offered Daily**



**Nutritional Targets:** Calories: 846 Iron: 4.50 Mg Calcium: 400 Mg Vitamin A: 1500 IU  
 Vitamin C: 19.18 Mg Protein: 16.7 G Total Fat Less Than 30%  
 Saturated Fat Less Than 10%

